Exclusive Selection

A warm welcome to The Raj

We are honoured and delighted to be able to welcome you to your multiple award-winning family run restaurant, established right here since 1991.

We take pride in serving our mouthwatering authentic recipes with the freshest and finest ingredients whilst adhering to ever evolving healthy eating, allergy and gluten sensitive diets.

We are also excited about our exquisite range of even more authentic delicacies lovingly sourced from remoter parts of Greater Bangladesh which we are thrilled to share with you.

Please allow yourself to be enveloped with the finest cuisine, of the highest quality, served with our ethos of service as if you were a member of the family and join the thousands of locals who are also part of 'The Raj Family'.

NB: Should you have any food allergy, intolerances or other special dietary requirement, please do not hesitate to speak to myself Goyas, my son Aimaan or any of our quirky colleagues.

The Management & Staff of The Raj

IMPORTANT NOTICE

Dishes within our exclusive selection are not available in conjunction with any dining, discount or special offer cards, please see our standard menu selection.

PLEASE NOTE

Personal belongings of all patrons whilst in the restaurant are their own responsibility and The Raj cannot be held responsible for any loss or damage.

V - vegetarian dish

N – contains nuts

H - healthy options



A Guide to Spice



TURMERIC

Curcumin, one of the most studied active ingredients in turmeric, helps reduce the formation of fat tissue as it surpresses the blood vessels that form fat. This way, it aids to lower body fat and to gain body weight.

GINGER

This is a warming spice with antiinflammatory properties also known for helping to soothe and relax your intestinal tract. Its thermogenic properties also aid boost your metabolism plus an appetitesurppressant effect when consumed.

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CARDAMON

This aromatic spice has a sweet and spicy flavour and is a thermogenic herb that helps boost your metabolism and can increase your body's ability to burn fat.



CINNAMON

Aids to boost your metabolism and also has remarkable benefits for blood sugar regulation.



Garlic is low in calories and very rich in Vitamin C, Vitamin B6 and Maganese, it also contains trace of various other nutrients.

Exclusive Starters

These dishes are exclusive to the Raj, cooked to order and therefore not included in any promotions.

SALMON TANDOORI£8.25 Salmon marinated in a special chef's mix then barbecued in our tandoori oven.	;
MAACH FREZI£8.25 Bengali white fish lightly spied in turmeric, garlic and chilli served on a puree.	;
KING PRAWN PUREE£8.25 Selected King Prawns cooked in a blend of fresh spices and onion served on a lightly fried bread.	;
KING PRAWN BUTTERFLY£8.25 Jumbo sized King Prawn covered in breadcrumbs and deep fried.	;
RAJ SPECIAL MUSSELS	;
STUFFED PEPPER£6.95 Chicken, lamb or vegetables, lightly spiced, stir fried, then stuffed in a pepper.	;
TIKKA£6.95 Chiken or lamb pieces marinated in ground herbs and spices then barbecued in a tandoori oven.	;
TANDOORI	;



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Exclusive Raj dishes

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JHINGA MOSSALADA£15.95 Delicious king prawns marinated in yoghurt and spices, barbecued then cooked to perfection with fresh onion, tomato, garlic and coriander.	
SHERABI JALSHA (chicken or lamb)£14.95 Chicken or lamb Tikka stir fried with onions, green peppers and spices blended in a rich, mouth-watering brandy sauce. A flamboyant dish that must be experienced!	
JHINGA JALFRAZI£15.95 King prawn in a hot spicy sauce, topped with fresh green chillies.	
MUKTAJ (chicken or lamb)£14.95 Chicken or lamb Tikka with onions, green peppers, garlic, ginger fenugreek and coriander in a spicy, rich thick Muktaj sauce. Spicy, unique taste which appeals to all.	
SWORDFISH MAACH	
SHAHI JHINGA (N)É I 5.95 King prawns cooked in chef's mild spice mix.	
AMER MURGH	
JHINGA SAG£15.95 King prawns in a delicious spinach combination.	
JHINGA KARAI£15.95 King prawns in a rich and distinctive sauce.	
HONEY CHICKEN	
THENGER GOSHT£14.95 Succulent lamb shank, marinated and slow cooked in a rich flavoured sauce with fresh onions, garlic, chillies and coriander.	

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Seafood Specials Exclusive to The Raj

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RAJ KING PRAWN£19.95 Jumbo size king prawns in a chef's special sauce including garlic, ginger, coriander and fenugreek cooked to a medium to hot strength. A must for king prawn lovers and popular with all.
MONKFISH£19.95 Lightly seasoned fillet of monkfish marinated with wild garlic and ginger in a red pepper and cherry tomato sauce. Served with Raj special red onion fried rice.
LOBSTER£29.95 Steamed whole lobster gently stir fried with black bean, mango and chilli sauce, button mushrooms and steamed spinach. Served with Raj spicy red onion fried rice.
ROOP CHANDA (POMPHRET)£14.95 Exclusive, from Bangladesh, served whole and lightly fried and spiced with turmeric, fresh green chilli and coriander. Served with a crispy salad and lightly spiced Raj garlic rice.
RED SNAPPER£19.95 Exquisite fillet of red snapper marinated in a coriander sauce including chillis, herbs, spicy okra and coconut. Served with Raj special steamed rice.
JHINGA KEBAB£24.95 King prawns in their shells, barbecued with onion, tomato and capsicum.
MAACH SUPREME£15.95 Soft, boneless white fish, cooked to perfection in a medium spicy sauce. Melts in your mouth.
ROSHOON JHINGA
SEAFOOD PLATTER
JHINGA JALSHA£15.95 Jumbo king prawns cooked with a complement of onions, peppers, garlic, ginger and coriander in a rich and unique Raj brandy sauce.



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Healthy Option Menu

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BUIZZA'S BALTIÉI 4.95 Chicken or lamb cooked in a very flavoursome sauce with onions, garlic and peppers.
REUTHE KAZANA £14.95 Chicken and lamb diced, cooked in a spicy hot chilli sauce, topped with a king prawn. Served on a sizzler.
JIBONER MAACH
KOFTA DAAL CHINI£14.95 Meat balls cooked with cinnamon in a spicy hot sauce.
MAACH SAMBADA£14.95 White fish, lightly spiced and grilled with onions, green peppers and tomatoes.
MURGH RAJMA£14.95 Chicken cooked with red kidney beans in a flavoursome sauce, cooked with garlic, ginger and coriander.
MURGH KOSHAÉ14.95 Bengali chicken curry cooked with tomatoes and chillies, madras hot. Traditional recipe.



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Gluten Free Specials

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ROSHOON MURGH MUSHROOM£13.95 Chicken cooked with mushrooms in a garlic, coriander, cumin and fennel sauce.
KEEMA PEAS£13.95 Minced lamb and green peas cooked in a traditional style curry sauce.
CHICKEN MAYADARA£13.95 Gluten free chicken curry cooked with onions, tomato and green pepper. Medium hot.
HARIYALI CHICKEN SIZZLER£13.95 Slices of chicken barbecued with grilled onions, green peppers and mushroom. Served on a sizzler.
CHETTINAD MURGH£13.95 Chicken cooked with mustard seeds in a spicy onion, ginger, garlic and tomato sauce.
CHICKEN OR LAMB ALORANAÉ I 3.95 Chicken or lamb, stir fried with onions, green peppers, medium hot.
THUMBULI£13.95 Chicken or lamb, cooked in a spicy hot gravy, ginger and mustard seeds and red chillies.



PLEASE NOTE, WE CAN DO MANY VARIETIES OF GLUTEN FREE DISHES, PLEASE ASK A MEMBER OF STAFF.

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Sizzlers

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ELIO'S GRILL	;
TANDOORI MIXED GRILL£16.95 A mixture of tandoori chicken, chicken tikka, lamb tikka, sheek kebab, served with a nan bread.	;
MAACH TIKKA£14.95 Bangladeshi fish marinated in ground herbs and spices then cooked in our tandoori oven.	;
ROSHOON TIKKA STIR FRY£15.95 Chicken or lamb spiced with garlic, ginger, turmeric then stir fried with onions, pepper and mushrooms.	,
HENNESEY KING PRAWN£19.95 Jumbo King Prawns marinated in Hennesey sauce, seasoned lightly, cooked with red onions, garlic, turmeric and spicy tangy tamarind sauce.	;
NAGA WINGS (8 PIECES)£14.95 Chicken wings marinated in Naga sauce, very hot and spicy, grilled in a tandoori oven.	;

Akni Pilau

CHICKEN, LAMB, PRAWN OR FISH Grand home style biriyani cooked with the very best rice, aromatic rich flavouring and half a boiled egg. Served with potato and peas side dish and an onion yoghurt dip.	£15.95
RAJ SPECIAL AKNI Mixture of chicken, lamb and prawn, grand home style biriyani cooked with the very best rice, aromatic rich flavouring and half a boiled egg. Served with potato and peas side dish and an onion yoghurt dip.	£16.95
JHINGA AKNI King prawn grand home style biriyani cooked with the very best rice, aromatic rich flavouring and half a boiled egg. Served with potato and peas side dish and an onion yoghurt dip.	£17.95

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Menu Selection

Please note, the following pages are all accepted to use with your discount dining card promotions from:



Enjoy your meal The Management & Staff of The Raj

YOUR DINING DESTINATION



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Starters

CHICKEN PAKORA Breast of chicken pieces deep fried in batter served with a salad garnish.	£5.75
SHEEK KEBAB Succulent minced lamb in medium to hot pungent spices then cooked in a Tandoori oven.	£5.75
ONION BHAJI \textcircled{O}	£5.75
SAMOSA (lamb or vegetable \textcircled{V}) Minced lamb or vegetable wrapped in a savoury pastry shell and deep fried.	£5.75
CHAAT Choice of chicken, vegetable. chana or aloo. Optional puree bread £1.00.	£5.75
PANEER SHASHLICK Paneer pieces barbecued with onion, tomato and capsicum.	£5.75
$\begin{array}{l} \mbox{GARLIC MUSHROOM} (\widehat{V}) \\ \mbox{Sliced mushroom with garlic served on a bed of salad}. \end{array}$	£5.75



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Tandoori specialities

Our Tandoori dishes are marinated in yoghurt, herbs and spices then cooked in the Tandoor oven. The Tandoori oven is a traditional clay oven which is kept at a very high temperature with burning charcoals. The Tandoori method seals the flavour and adds a unique taste to the meal. All served with alad garnish and The Raj yoghurt mint sauce.

$\begin{array}{l} \textbf{MURGH TANDOORI}(\textbf{H}) \\ \textbf{Half a tender chicken marinated Tandoori style in natural yoghurt and the chef's special spice mix. \end{array}$	£10.95
LAMB TIKKA(H) Lamb pieces marinated in freshly ground herbs and spices.	£10.95
CHICKEN TIKKA(H) Chicken pieces marinated in freshly ground herbs and spices.	£10.95
TANDOORI SHASLICK (H) Tender pieces of chicken or lamb barbecued with fresh onion, tomato and capsicum.	£12.95
PANNER SHASLICK (H) Paneer barbecued with onion, tomato and capsicum.	£11.95
SHEEK KEBAB (4 pieces) (H) Succulent minced lamb in medium to hot pungent spices then cooked in a Tandoori oven.	£10.95
TANDOORI WINGS (6 pieces) (f) Chicken wings marinated Tandoori style in natural yoghurt and the chef's special spice mix.	£13.95

Chicken / Lamb or Prawns

PATHIA Hot sweet and sour sauce.	£10.95
SRI LANKA (N) Cooked with coconut in a strong and spicy sauce.	£10.95
PASANDA (1) Cooked with cream, chef's special yoghurt and mixed, ground nuts. A mild and exotic dish.	£10.95
METHI Fenugreek and coriander in a spicy sauce.	£10.95
MADRAS Hot and spicy and very popular dish.	£9.95
AUBERGINE With aubergines, medium flavouring.	£9.95
SAAG	£9.95



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Chicken / Lamb or Prawns

BENGALI GREEN CURRY The traditional and popular dish cooked with green chillis, green peppers and coriander cooked with coconut milk.	£10.95
$BADAMI(\ensuremath{\widehat{\mathbb{N}}})$ An exotic mix of nuts and cooked in a creamy sauce.	£10.95
CHILLI MOSSALLA Cooked with fresh ginger, a hint of garlic, green chillis and capsicum.	£10.95
DHANSAK Hot sweet and sour curry with lentils.	£9.95
TIKKA MOSSALLA (N) Cooked in a special exotic mild sauce with cream and ground nuts.	£10.95
RAJ GARLIC SPECIAL	£10.95
RAJ PEPPER	£10.95
KORMA (N) Cooked in cream and coconut, mild.	£9.95
ROGAN Medium hot curry served with tomatoes.	£9.95
BALTI Classic Balti dish prepared in a traditional wok with the finest herbs and spices.	£9.95
KARAI Cooked in a rich spicy medium hot sauce.	£10.95
SHATKORA Cooked in calamansi juice and rinds with lemon grass for a special Bengali flavour.	£10.95
SHOBZI SULTAN Chef's vegetables in a medium hot sauce with herbs, spices and mushrooms.	£10.95
JALFRAZI Cooked in a hot spicy sauce topped with fresh green chillis.	£10.95
BHUNA Medium strength succulent lamb, dry and delicious.	£9.95
NAWABI STICK	£10.95
MUSHROOM Medium hot served with mushrooms.	£9.95
DUPIAZA Medium hot dish and served with onions.	£9.95
VINDALOO	£9.95

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Biriyani dishes

A traditional baked dish with Basmati rice and spices garnished and served with a vegetable side curry.

MURGH BIRIYANI chicken	£10.95
GOSHT BIRIYANI lamb	£10.95
CHINGRI BIRIYANI prawn	£10.95
TIKKA BIRIYANI chicken, lamb and prawn	£11.95
SHOBZI BIRIYANI vegetable $\widehat{\mathbb{V}}$	£9.95
MUSHROOM BIRIYANI vegetable ${ar V}$	£9.95

Vegetarian and Vegan dishes

A range of specially selected recipes for those with a vegetarian appetite.

SHOBZI KORMA (N)£9.25 Very mild dish with light spices and cream.
SHOBZI BHUNA (VEGAN)£9.25 Fairly dry dish, medium strength.
SHOBZI DHANSAK (VEGAN)£9.25 Hot, sweet and sour dish with lentils.
CHANNA DAAL (VEGAN)£9.25 A chickpea and lentil dish of medium strength.
KHUMBI BHUNA (VEGAN) £9.25 A popular mushroom dish served in a medium dry sauce.
KHUMBI KORMA(N)
ALOO AUR NAIRYAL (N) (VEGAN)
SHOBZI KARAI (VEGAN)£9.25 Chef's vegetable selection in a spicy medium hot sauce.
SHOBZI JALFRAZI (VEGAN)£9.25 A hot, spicy dish topped with green chillis.
ALOO GOBI DALNA (VEGAN)
SHOBZI METHI (VEGAN)£9.25 Fresh vegetables with fenugreek leaves.
SHOBZI MOSSALLAN£9.25 vegetables in a Raj special thick mossalla sauce.
DHOKKAR DALNA (VEGAN)£9.25 A special potato and lentil based curry.



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Side vegetables

BINDI MASSALA Okra	£3.95
ALOO GOBI Potato and cauliflower	£3.95
MIXED VEGETABLE CURRY	£3.95
CHANNA MASSALA	£3.95
SAG BHAJI Spinach	£3.95
DAAL TARKA Lentils and garlic	£3.95
BRINJAL MASSALA Aubergine	£3.95
MUSHROOM MASSALA	£3.95
BOMBAY ALOO Potato	£3.95
NIRIMISH Dry mixed vegetables	£3.95
CAULIFLOWER BHAJI	£3.95
MATTER PANEER Chickpeas and cheese	£3.95
SAG PANEER Spinach and cheese	£3.95
ALOO CHANNA Potato and chickpeas	£3.95

Indian breads

NAN Freshly baked leavened bread	.£2.95
KEEMA NAN With minced lamb and mild spices	.£3.25
<code>PESHWARI</code> NAN ${f W}$ With coconut, sultanas and nuts	.£3.25
KULCHA NAN With onions	.£3.25
GARLIC NAN With fresh garlic	.£3.25
PARATHA LACHEDA Light wheat bread with butter	.£3.25
SHOBZI PARATHA Wheat bread with vegetables	.£3.25
KHASTA ROTI Raj special, baked in clay oven	.£3.25
CHAPPATI Thin, unleavened bread	.£2.50



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Rice

BOILED RICE	£2.75
PILAU RICE	£3.25
KEEMA RICE	£3.95
SPECIAL RICE	£3.95
EGG RICE	£3.95
MUSHROOM RICE	£3.95
VEGETABLE RICE	£3.95

Complements

RAITA Yoghurt, onion or cucumber	£2.25
KACHUMBER Fresh mixed salad with house dressing	£3.95
PAPADOM	£0.75
MASSALA PAPADOM	£0.75
TRAY OF CONDIMENTS	.£0.75 per head

Gratuities are left to the sole discretion of the patrons. Discretionary service charge will be added.

> All prices are inclusive of VAT. All major credit cards accepted.

The management reserve the right to refuse service without explanation.

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IQQ1 Est 2010

The R91 is available for corporate hospitality, private dining, birthdays, receptions and other special occasions.

Please enquire for your private parties.

Exclusive, bespoke menus.

Room hire, standard rate £295.00